

Georgia Southern University

Digital Commons@Georgia Southern

Inkwell

Student Media

10-27-2004

The Inkwell

Armstrong Atlantic State University

Follow this and additional works at: <https://digitalcommons.georgiasouthern.edu/inkwell>

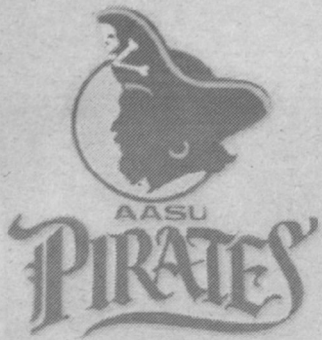


Part of the [Higher Education Commons](#)

Recommended Citation

Armstrong Atlantic State University, "The Inkwell" (2004). *Inkwell*. 678.
<https://digitalcommons.georgiasouthern.edu/inkwell/678>

This newspaper is brought to you for free and open access by the Student Media at Digital Commons@Georgia Southern. It has been accepted for inclusion in Inkwell by an authorized administrator of Digital Commons@Georgia Southern. For more information, please contact digitalcommons@georgiasouthern.edu.



Inkwell

The Award-Winning Voice of Armstrong Atlantic State University

October 27, 2004



INSIDE

AASU Calendar

- CUB Coffeehouse
- Thirteenth Colony Sound Chorus
- International Week

Campus News

- AMBUCS Golf Tournament Fundraiser
- ACS Affiliates Hosted Memorial Health Nutritionist

Sports

- Hoop Scoop
- AASU Downs Francis Marion
- Is Parity in the NFL as Important as Advertised?

Arts and Entertainment

- Strange but True
- At the Movies
- AASU Wind Ensemble Gives Memorable Concert

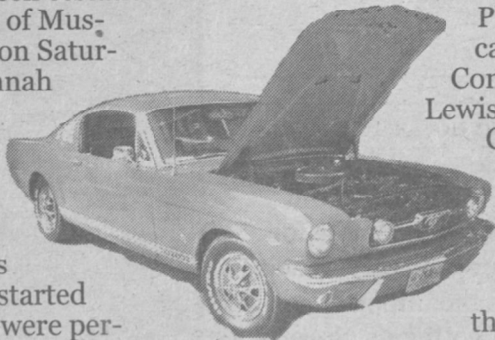
Armstrong Opinions

- Pirate Poetry
- The Food Guide Pyramid.. Is It Viable?
- Can a Republican and a Democrat make a Match?

Been Smoked By a Stang Lately?

Lauren Hunsberger
Editor in Chief

Any true, red-blooded, car loving American would have been ecstatic at the sight of the hundreds of Mustangs parked at Armstrong on Saturday, October 23. The Savannah Mustang Club, a non-profit organization, hosted the 15th Annual World Famous Mustang and Classic Ford Show using the campus of Armstrong as their showroom. The show started at noon after the Mustangs were perfectly parked, and the hoods and trunks popped, exposing the raw and rugged internal organs of steel. For two hours, the cars and owners proudly posed for the judges in hopes of taking home one of the illustrious trophies that were awarded to one winner in each category. There were into two main categories:



Street Driven cars and Concours. Dave and Libby Phillips captured the Concours J.C. Lewis Sponsors Choice with their 1965 Mustang convertible, while Jack Weber stole the J.C. Lewis Sponsors Choice Street Driven Award with his 1959 Skyliner.

After all the judging had taken place, Mark Davis, Show Chairman for Savannah Mustang Club, auctioned off a black on black 1988 GT convertible. The proceeds from the auction as well as from the show went towards helping the Savannah Ronald McDonald House making it the tenth consecutive year that The Savannah Mustang Club has been a sponsor of the Ronald McDonald House.



See Cars...
Continued on Page 2

Jack White Amazes Armstrong

Cyrus Steele
Staff Writer

Pool veteran Jack White shocked, amazed, and even provided a few laughs for spectators last Wednesday, October 20 at Compass Point. He is the self-proclaimed "Best Billiard Player" in the world. Wednesday night, he proved just that!

White showed up, donned in a 'white' tie and dark suit as if to accentuate his last name. White has been playing pool for 67 years, an age that is reflected by the wrinkles on his face and white hair. He has had the most successful pool tour, according to fellow friend and pool player Scoot Lee for any individual. While traveling over 47 states and 11 countries, white has played before Queen, Elizabeth and 8 presidents in the White House. He has appeared on shows such as "The Mike Douglas Show." He says he has played many celebrities, but jokingly confesses, "I've lost to Cindy Crawford and Halle Berry." His style of playing and quirky humor helps make his game something

See Jack White...
Continued on Page 2

College Democrats and Republicans Face Off

Chris Nowicki
Staff Writer

Over 150 Armstrong students, faculty, and staff packed into University Hall on Wednesday, October 20 as the College Republicans and Democrats debated this year's presidential election. The debate was sponsored by the Armstrong Atlantic College Republicans, Armstrong Atlantic College Democrats, and the Political Science Club. The debate was moderated by Dr. William J. Daugherty.

The debate started off with questions that influence college students very directly. The Democrats argued how jobs had been lost during the past four years during Bush's administration, and spoke about Kerry's plan to bring more jobs into the nation's economy. However, the Republicans cited statistics on how some job loss was due to the September 11 attacks, but currently the unemployment rate

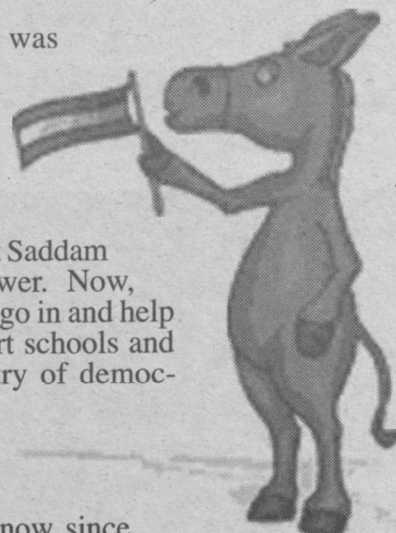
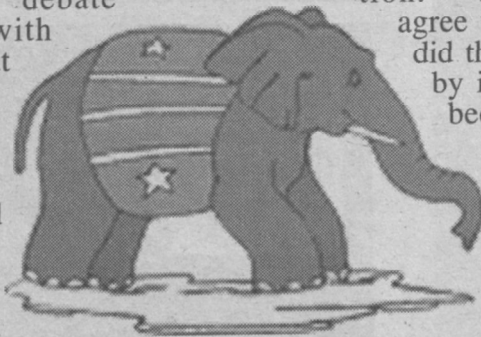
was the same as in 1996 under Clinton's administration. The Democrats argued that students graduating have been unable to use their degrees because there are no jobs.

The Iraq Invasion was another hot topic question. Republicans agree that the U.S. did the right thing by invading Iraq, because now we are safer without Saddam Hussien in power. Now, we are able to go in and help the Iraqi's start schools and create a country of democracy, as here in the U.S. The Democrats differ though. Democrats stated "we are more dangerous now since the invasion on Iraq." The democrats also pointed out that after the September 11 attacks we had the world behind us, supporting us, but since the Iraq Invasion,

other countries are angry with us.

A very relevant question that applies to most college students concerns raising the national minimum wage from \$5.15 to \$7.00. Democrats state that twelve states have already raised their minimum wage

to \$7.00 an hour and more jobs are available, jobs are not lost, and small businesses are growing. Republicans argued that the reason minimum wage is higher in those states is due to the cost of living. By raising the minimum wage companies would have to lay off more workers to be able to pay employee's the



See Debate...
Continued on Page 2

Jack White...*Continued from page 1*

out of a vaudeville act. He told one challenger charmingly, "You know you're a great player," and immediately turned to the audience, shaking his head as if to say, "Not really!" One of White's tricks showed how to hit every ball in a pocket. He called out amazing shots and deftly hit the ball right where it needed to go. Where some would argue that pool is about getting the

ball in the pocket, White would argue, "It has less to do with that and more to do with the body." In every shot he demonstrated great control on each move. When asked how much he practices his art, he emphatically replied, "I don't practice. There's nothing else for me to learn." And to watch him play, one gathers that he is not being cocky when he says that. Instead of keeping it to himself, White uses his unique gift to teach others. And there is something noble about that.

Debate...*Continued from page 1*

minimum wage.

Other questions in the debate varied from Immigration to Social Security Reform, doing away with the federal income tax and only having a sales tax, terrorist, nuclear weapons, and the lift embargo against Cuba.

The two parties disagreed on most topics, but both parties did agree with the situation involving Cuba, specifically how important our relationship with Cuba is and how closely we should watch it. They feel that one day the U.S. hopes to trade, import, and export goods with Cuba because

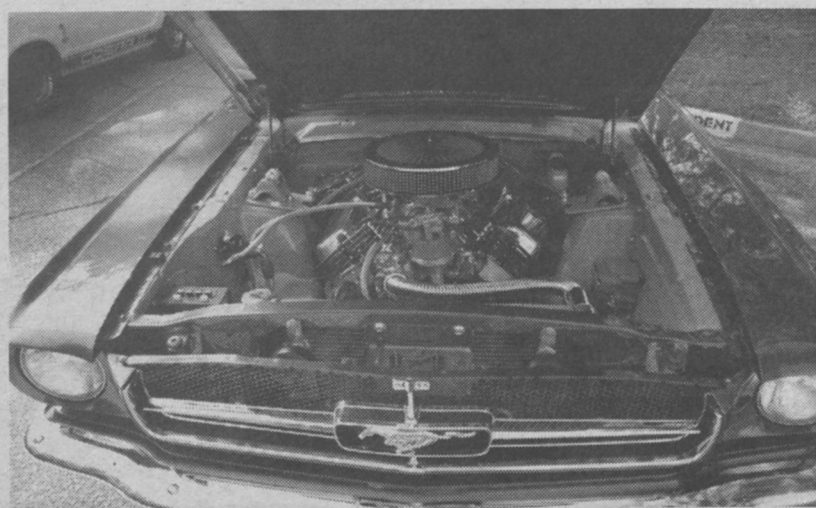
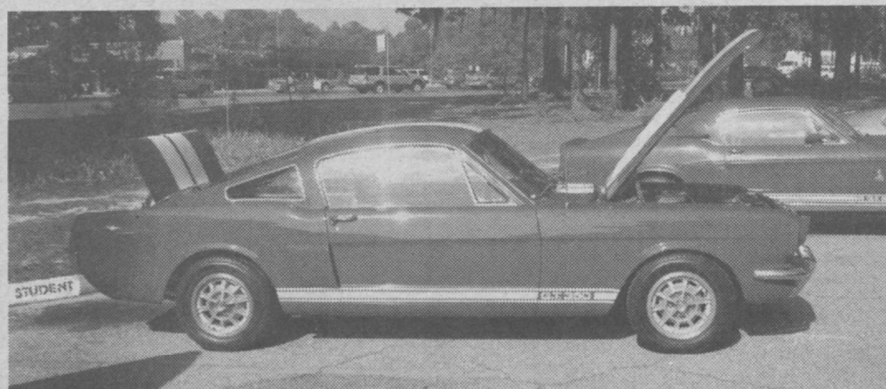
Fidel Castro will not be in power forever.

In closing, both parties did not urge the audience to vote for one candidate or the other. Their main point was the importance of getting out and voting on November 2. College Republican President Regina Kill urged everyone to go online and search for voting records and to research the candidates.

Following the debate, Armstrong students Krystal Williams and Brejette Micken commented, "it was awesome, very informative and professional, and put it in a college student's level. I also learned a lot more about the different issues from both sides."

Cars...*Continued from Page 1*

For more information about the Savannah Mustang Club, call Mark Davis at (912)- 352-9229

**AASU Calendar of Events****October:**

27-

Revision with Argyle in Concert - 7pm
Fine Arts Auditorium

29-

AASU vs. USC Aiken - 7pm
Aquatics and Recreation Center

30-

AASU vs. Augusta State - 4pm
Aquatics and Recreation Center

November:

1-

CUB Coffeehouse - 7:30pm
MCC Coffeehouse

5-6-

Thirteenth Colony Sound Chorus - 7:30pm
Fine Arts Auditorium

7-12-

International Week 2004
see www.intl.armstrong.edu/intlweek.html

8-19-

GA Art Education Ass. 2004
Juried Art Exhibition

9-

Percussion Ensemble and Jazz Combo- 7:30pm
Fine Arts Auditorium

**Inkwell Index:**

AASU Calendar....	Page 2
Campus Events....	Page 3
Sports...	Page 4,5
Arts and Entertainment...	Page 7,8,9
Armstrong Opinions...	Page 10,11

Quick News from University Relations

AMBUCS Golf Tournament Fundraiser on November 13

AMBUCS will host a Golf Tournament fundraiser at Crosswinds Golf Course on November 13. The tournament is a Captain's Choice Scramble with an entry fee of \$100 per player or \$400 per team. The entry fee includes range balls, green fees, lunch, and beverages. Check in time is 8 a.m. with a 9 a.m. shotgun start.

First and second place teams will win prize packs including golf and dinner. All proceeds from the tournament will benefit the Savannah chapter of AMBUCS, a non-profit organization whose mission is to create mobility and independence for people with disabilities.

For additional information or to register, contact Rusty Batey at 912.657.1360 or email at rusty@savannahcomputers.com. Checks should be made payable to Savannah AMBUCS.

ACS Affiliates Hosted Memorial Health Nutritionist

The Student Affiliates of the American Chemical Society (SAA-CS) recently held a community luncheon celebrating National Chemistry Week (NCW). Helen

Hussey, an outpatient dietitian at Memorial Health University Medical Center, presented the "7 Guidelines for Healthier Eating" in coordination with NCW's theme for 2004, "Health and Wellness!"

NCW is an outreach program of the American Chemical Society developed to enhance the public's awareness of the contributions of chemistry to our everyday lives and the nation's economy. ACS members, industry, educators, student affiliates, and chemistry enthusiasts celebrate it nationwide.

SAACS is an American Chemical Society and AASU Chemistry and Physics Department affiliated student organization. Armstrong Atlantic's SAACS has received numerous awards from the American Chemical Society including a commendable award for 2003-2004 school year.

Hussey is responsible for working with patients to assess their nutritional needs, develop appropriate care plans, and provide nutrition education. She works closely with patients in pediatric cardiology, various outreach programs, and behavioral medicine. Hussey offers food and nutrition classes for Feel Better Challenge participants. More information on the feel better challenge can be

found at <http://www.feelbetterchallenge.com/>.

For more information about SAACS, contact Delana Nivens at 912.921.5447.

Georgia Medical Society Honors AASU's Dean of Health Professions

During its recent Healthcare Heroes Banquet, the Georgia Medical Society (GMS) recognized Barry S. Eckert, Dean of the College of Health Professions at Armstrong Atlantic State University, with the "Award in Healthcare Innovations." The award recognizes the significant role providers and volunteers play in improving health and reducing the burden of illness in society.

GMS described Eckert as a leader in designing initiatives to address workforce needs in southeast Georgia, particularly in allied

health and nursing. Eckert is credited with establishing partnerships between the university community and healthcare providers to seek work force solutions and relief from the shortages that affect citizens of Georgia. A few years ago, Eckert secured funding for two Intellectual Capital Partnership grants that helped enrollments in medical technology at Armstrong Atlantic. He also launched health professionals workforce partnerships that allowed AASU to open additional allied health programs in diagnostic ultrasound and nuclear medicine.

Eckert serves on the executive committee of the American Stroke Association's Operation Stroke, the workforce taskforce of the Georgia Hospital Association, the leadership board of the American Cancer Society, the council of the American Diabetes Association, and Union Mission's Healthcare Oversight Committee. He is the current chair of the Southeast Georgia Cancer Alliance

For more information on these and other stories refer to University Relations at www.armstrong.edu

CUB OPEN MIC

free coffee & cookies

brought to you by:

CUB
campus union board

Monday Nov 2nd
Starbucks Coffee House
MCC Lobby
7:30pm

Upcoming Events Brought to you by CUB:

Argyle

Oct 27 - Revision and Argyle in Concert

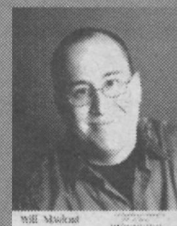
7pm -Fine Arts Auditorium

Nov 1 - CUB Coffeehouse

7:30pm -MCC Coffeehouse

Nov 16 - Comedian Will Marfori

7pm -MCC Cafeteria



Will Marfori

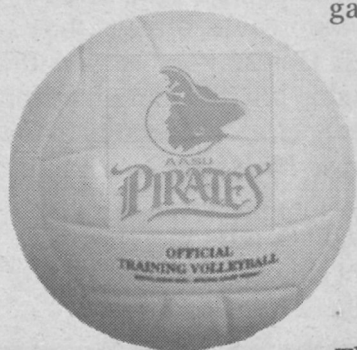
AASU 3, UNC Pembroke 0

Chad Jackson
Special to The Inkwell

The Armstrong Atlantic State volleyball squad hit a blistering .383 as a team in defeating UNC Pembroke, 30-18, 30-12, 30-9, in Peach Belt Conference volleyball action in Savannah, Ga., on Friday evening.

The Pirates (21-4, 6-1 PBC) opened up strong behind senior Candice Modlinski's six kills and the team's five service aces to take the first game, 30-18. UNC Pembroke (6-17, 1-7 PBC) fell behind quickly in game two as AASU

setter Margaret



served

Thorton
six straight

points to begin the game en route to the 30-12 win, then the Pirates closed out by holding the Braves to just three kills in a 30-9 win in game three.

Modlinski led all players with 11 kills for the Pirates, while sophomore Traci Knuth added eight kills, hitting .533, and collecting six digs. Thornton led all players with 24 assists to go with her team-high nine digs. UNC Pembroke's April Newhouse led offensively with seven kills, while Jenn Paroda tallied 13 assists and Natalie Niesborella led all players with 14 digs.

The win upped the Pirates' winning streak against UNC Pembroke to 18 straight, as AASU has not lost to the Braves since the 1995 season.

The Pirates return to action tomorrow as they face Francis Marion at 4:00 p.m., while UNC Pembroke travels to North Florida to face the Ospreys in Jacksonville, Fla., at 4:00 p.m.

AASU Downs Francis Marion 3, 1

Chad Jackson
Special to The Inkwell

The Armstrong Atlantic State volleyball squad faced a game Francis Marion squad on Saturday afternoon, but prevailed in four games over the Patriots in Peach Belt Conference action in Savannah, Ga. Game scores were:

31-29, 27-30, 30-22, 30-20.

The Pirates (22-4, 7-1 PBC) opened a two-game lead over the Patriots (16-11, 5-3 PBC) for second place in the Peach Belt with the victory. Both teams started out on fire, each hitting .500 or better in game one, a 31-29 win for the Pirates. Francis Marion rebounded to take game two behind Lezlie Logan and Kelly Feber, who each had five kills apiece, but AASU closed out the match thanks to 13 kills from **Candice Modlinski** over the two final games.



Modlinski led all players with a career-high 20 kills for the Pirates, while senior Ashley Lavender chipped in 18 kills to go with her 14 digs. Francis Marion placed four players in double figure kills,

led by Logan and Feber, who each tallied 14 kills apiece. Melissa Hennessy battled through a sore ankle to lead the Patriots in assists with 47, while freshman Karla Readshaw notched a season-high 35 assists to lead the Pirates. Sophomore Traci Knuth led all players

with 19 digs defensively, while FMU's Jessica Strader collected 18 digs to lead the Patriots. The win was the 10th straight for the Pirates over Francis Marion, dating back to 1999.

Is Parity in the NFL as Important as Advertised?

Wali Raheem
Sports Columnist

There has been a lot of talk on the big sports TV and radio shows about parity and how it affects the NFL. Free agency and salary caps have created this parity and the NFL is a better product because of it, so they say. Long gone are the dynasties from the past; the Pittsburgh Steelers' Iron Curtain blanketed the league during '70's, the San Francisco 49ers reigned most of the '80's, and the Dallas Cowboys owned the '90's. The big-time four-letter sports networks say that if a team now wins more than two Super Bowls in ten years then they are a dynasty. Is this really the case or is it something deeper?

The Kansas City Chiefs were the darlings of the league for the past two years. While averaging over 30 points a game, the Chiefs defense also gave up big points in games, and as the cliché goes, "Offense wins games, but defense wins championships." A lack of defense kept Kansas City from making it to the big dance, but this year it was supposed to be different. The Chiefs brought in a new defensive coordinator to patch up the defensive leaks and bring balance to the team. So, how did a team that went from 13-3 in 2003 lose four of its first five games this season?

Last year Kansas City's All-Star kickoff and punt return specialist Dante Hall scored on four returns in four consecutive games. These returns were pivotal as they helped the Chiefs pull off victories late in each of these games. Without these game-breaking returns, Kansas City could have easily been 9-7, and not eligible for the playoffs. Fast forward to the present and one will see that opponents have been kicking away from Hall and the Chief's defense hasn't improved enough to guarantee victory.

The Carolina Panthers are in a similar situation. Last year, Carolina won several games in the last minutes, propelling them to the Super Bowl. This year, opponents have figured the Panthers out and they have also lost four of their first five. The Jacksonville Jaguars are following the Chief's and Panther's 2003 blueprint and have won four of their first six after going 5-11 last year. The Jaguars won all four of these games on last minute drives with incredible plays that mirror last year's Chief's and Panther's victories in excitement, if nothing else.

But how does parity account in this? None of the three teams mentioned really lost or gained major impact players due to free agency. Two examples of teams who did are the San Francisco 49ers and the Philadelphia Eagles. The 49ers

lost starting Quarterback Jeff Garcia and Pro-Bowl Receiver Terrell Owens. This has been a bad season for the 49ers, and they desperately miss Owens and Garcia. Owens is now playing for the Eagles, who has used the wide receiver as the missing piece to their offense and won their first five games.

Sports figureheads like to have a new catch-phrase to impress viewers of their knowledge. The parity buzzword has been overused and blanketed over the entire league without proper analysis. Most fans know that football is a game of yards and inches, and a few extra here and there is all a team needs to pull off a big win. The NFL is a league full of professionals. As one good player leaves, another should be ready to step up and take his place. Parity doesn't make a team underachieve or overachieve; it is the heart and desire of the players.

Open Recreational Basketball

Monday, Wednesday,
Friday, Saturday
12:00 -2:00 p.m.

Monday - Thursday
7:00-9:00 p.m.

Located in the ARC
Gym

BRING VALID
AASU ID TO
PLAY!!!



AASU Hoop Scoop

Jeff Burkhamer
AASU Head Basketball Coach

I am very excited about entering my third season at Armstrong Atlantic State University. I believe we've taken some steps in the right direction over the past two years in building our basketball program into a Peach Belt Conference contender. Our building process is a work in progress. We continue to upgrade, make positive changes, and create enthusiasm about Pirate Basketball.

Before I speak about this season, please allow me a moment to reflect on last season. I thought we had a tremendous year. We made the NCAA Tournament, played in the Peach Belt Conference semi-finals, won 21 games, and knocked off the #5 team in the nation. As a team we led the league in three categories – field goal percentage, field goal percentage defense, and three point field goal percentage.

Our seven seniors played a major role in our success. Brian Bain had a terrific season. Brian made First Team All Peach Belt Conference, was named the PBC Player of the Week on Nov. 24th, averaged over 17 points per game (4th), over 3 assists per game, and shot better than 76% from the free throw line. Daryl Williams was once again one of the best players in the Peach Belt Conference. Daryl averaged 21.8 points and 8.5 rebounds per game. Jason Sanders led the PBC in 3 point field goal percentage (47%) and was a steadying force at the point guard position. Justin Wood, a former walk-on, concluded his ca-

reer with 113 games played – 4th on the All Time list. Tim Black, Scott Mattingly, and Tim Brewer all played significant minutes and made important contributions to

our team. This group of seniors will be hard to replace.

The 2004-2005 edition of Pirate Basketball will be completely different from last year's team. We have added nine new players. We will be more athletic and will have more depth this season. I think we will be able to play faster on both ends of the court. We have post play-

ers that can run and

jump, which should put a lot of pressure defensively on our opponents. I also think we will be able to extend and pressure more on the defensive end. Our defense should create some offense for us. We must overcome inexperience and we must get our players to gel as a cohesive unit as quickly as possible. We have 14 home dates including our opener versus Queens University, a date with NCAA Tournament participant Lenoir Rhyne College, along with tough non-conference games with Wingate University, Mars Hill College, and Elizabeth City State University. We also play 8 home games against Peach Belt Conference opponents with NCAA Division II National Champion Kennesaw State visiting Savannah on January 19th.

We've tried to promote Pirate Basketball and be very visible on our campus and in the community. We were able to do a

few things last year, but have a lot more planned for this season. Some promotions or events that we've been involved with are as follows:

* "Shoot For The Stars" Basketball Camp

* "The Pirates of Armstrong Atlantic" – held in conjunction with Student Government's showing of "The Pirates of the Caribbean" on the lawn at Compass Point.

* Speaking Engagements – our coaching staff and players spoke to over 3500 kids last year regarding academics, attitude, drugs & alcohol, etc.

* Civic Club Speaking Engagements – we spoke to every civic club that will let us talk about Pirate Basketball.

* Ballhandling Team – Nov. 7, 14, 21 and Dec. 5 and 12.

* Shooters Club

* Media Guide – first class publication about all aspects of our basketball program, Armstrong Atlantic State University, and the city of Savannah.

* Sponsors – we've been able to get community support from a variety of people and businesses.

* Mini Clinics

* 3 Point Play For The United Way

* Poster Schedules, Pocket Schedules, and Magnetic Schedules.

* Pirates Club

* Media Day Luncheon

* Autograph Sessions

As you can see, we are involved in a variety of activities that continue to get the word out about Pirate Basketball – in the community and on our campus.

Last year we created a group of Pirate basketball supporters that we call the "Compass Crazies." We wanted to take advantage of the on campus community of students at Compass Point. The "Compass Crazies – Student Section"

sit across from our opponents bench and try to create havoc for the opposing team. A banner was displayed above the section so students would know where to sit. Our goal is to get as many students as possible to our games and make it fun for them. We also want to create the best student section in the Peach Belt Conference and will continue to work on getting our students involved.

Success often creates opportunities. This is exactly what happened for AASU Assistant Coaches Steve Ray and Travis Priddy. Steve Ray was named Head Basketball Coach at Carthage High School in Carthage, MO and Travis Priddy got the Head Basketball Coaching position at Nature Coast Technical High School in Brooksville, FL. I am very proud of Steve and Travis and know they will do a tremendous job for their respective schools. They both did tremendous jobs for us at AASU and are big reasons for our recent success. Also, with Steve's departure came the departure of his wife Mylene. She was also a valuable part of our athletic department and will be missed as our Athletic Trainer. Best wishes to all of them.

I am very happy with the young coaches that we've been able to hire on our basketball staff. Orlando "GG" Smith is our new full time assistant coach. GG has grown up with the game and has learned from one of the best coaches in the country since his dad is current University of Kentucky Head Coach Tubby Smith. Many of you will recognize GG from his playing days as the point guard at the University of Georgia. Jason Helton, a Savannah native and Calvary graduate will be our other assistant coach. Jason

was involved with the basketball program at the University of Georgia before coming to AASU.

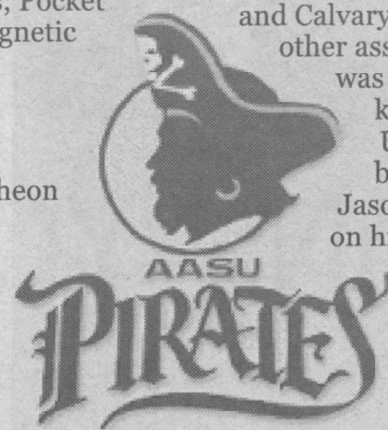
Jason will be working on his master's degree in Sports Medicine during his stay as a Pirate assistant coach. I am thankful and excited about GG and Jason working with our basketball

program and with our basketball players.

We hope to see you at some games and appreciate your support in the classroom and on the court. Best wishes for an enjoyable 2004 – 2005 school year. Go Pirates!



Jeff Burkhamer



2004 Lady Pirates Volleyball Schedule

Date	Day	Opponent	Time
Oct. 27	Wed.	at North Florida *	7:00 p.m.
Oct. 30	Fri.	USC Aiken *	7:00 p.m.
Oct. 30	Sat.	Augusta State *	4:00 p.m.
Nov. 2	Tues.	at Francis Marion *	6:00 p.m.
Nov. 5	Fri.	at Lander *	7:00 p.m.
Nov. 6	Sat.	at USC Upstate *	TBA
Nov. 11-13	Thurs.-Sat.	2004 Peach Belt Conference Championships (Savannah)	
Nov. 18-20	Thurs.-Sat.	at NCAA Division II South Regional (Site TBA)	
Dec. 2-4	Thurs.-Sat.	at NCAA DII Elite Eight (Site TBA)	

spanish tutor

Need help
revising papers?

Reviewing
for exams?

Call Sylvia
@ 355-3750
After 5:00



campus union board

I WANT YOU...

to serve on the Campus Union Board!

MEMBERS NEEDED TO SERVE ON ALL COMMITTEES!!!

Rock Me Productions

Student Activities

EMCEES

Celebrate/ArmstrongFest

Open Door

Meet FAMOUS ARTISTS, bring exciting programs to YOUR campus and have input on how YOUR student activities fees are spent!!!

Contact Student Activities in MCC 201 at 927-5300 or events@mail.armstrong.edu

Do you love to write?
Do you want to get paid?
Get paid to write!!
Staff writers are always
needed and appreciated!!
Contact the Inkwell at
inkwell@mail.armstrong.edu

COFFEEHOUSE

Hours of Operation:
Monday -Thursday
7:30 a.m. -9:00 p.m.
Friday 7:30 a.m. -2 p.m.

Located in the Memorial
College Center

FALL

in for

Great Food!



7800 Alderbrook Street
Chatham Place
Phone: 355-8717
Fax: 355-8716
Monday - Saturday 6 a.m. - 3 p.m.
www.midtowndeli.com

School is back in session. Schedules are needed again. We have the answers for time constraints and the need to fuel the body with healthy food. Visit our website for information regarding the American Heart Association endorsement for many of our Boar's Head Meats. Also, be assured that our bagels and breads are made from scratch without preservatives - just great ingredients (we don't expect our products to last long enough to need preservatives). We also, sell Boar's Head deli meats and cheeses by the pound. Save time and money! Call us or fax your order in the morning. We will have it ready for you when you need it.
WOW! Now that is service!

BUY Two Pounds of Boar's Head Deli Meat (any combination) and receive one loaf of bread FREE! (Choose from Sour Dough, 13-Grain, Honey Wheat, NY Rye or Pumpernickel).



Coupon Expires October 31, 2004

BREAKFAST

The most important meal of the day!

(Lunch is also important).

Buy any Rise&Shine sandwich at full price and get the second 1/2 price.



Coupon Expires October 31, 2004

Discount applied to lowest price.

AASU Wind Ensemble Gives Memorable Concert



Vicky Pfromm
Staff Writer

Under the direction of Mark Johnson, Assistant Professor of Music, the AASU Wind Ensemble performed "In Concert" at the Fine Arts Auditorium on Tuesday, October 19 at 7:30pm. This marked their first public performance of the year. Mr. Johnson not only directs the wind ensemble at Armstrong, but also the chamber ensembles and the Savannah Winds.

The night began with a German piece entitled "Montana Fanfare" by the composer Thomas Doss. Drawing from influences of the mountain ranges of Austria, "Montana Fanfare" explored the wide wild adventures of nature in brightly colored tones. Next, the brand new but not yet published "You Were There" by James Woodward steeped the listener in charming piano and chime undertones while stirring soaring movements of emotion, only to reach a standstill and reminisce to scenes of great waves crashing against distant shores.

The title recalls the memory of Tom Dvorak's parents.

Perhaps the most intriguing piece remained Rolf Rudin's "The Dream of Oenghus". Initially written for competition, it entailed a "young man's infatuation with flute playing" in a dreamlike setting. The dramatic and ominous beginning of Part I poised for the makings of a nightmare, then pulled the listener into an ethereal backdrop. Part II diverted in mixed, conflicting noise, and settled down toward melancholy hues of sleep. By far, the most memorable piece for Johnson himself was Paul Hindemith's "Symphony in B flat." The piece provided the greatest challenge for the ensemble, as it is one of the top pieces in wind ensemble repertoire. Even with this difficulty before them, the ensemble carried the piece off in an unforgettable fashion.

In closing, the wind ensemble played Claudio Grafulla's "Freischutz Quickstep" a classic marching piece.

On average four to five concerts are given on campus per year, providing the student body with performances based in musical excellence, with an idea that every student should be granted the opportunity to heighten their globe of creative experiences, free of charge. The wind group also bears the reputation of being competitive with any college level ensembles in the state. Johnson cites the ensemble's "camaraderie of working together" to be Armstrong's greatest strength.



The AASU Department of Art, Music & Theatre presents the

GAEA Annual Conference Exhibition

... a juried exhibition of artwork by
Georgia Art Education Association members

November 8-19

AASU Fine Arts Gallery

9 a.m. to 5 p.m., weekdays
Free admission

912.927.5381

www.finearts.armstrong.edu

Sponsored in part by the AASU Student Government Association, CUB
Visual and Performing Arts Committee, and the AASU Department of
Art, Music & Theatre

Armstrong Atlantic State University
Department of Art, Music & Theatre
Savannah's Cultural Center on the Southside

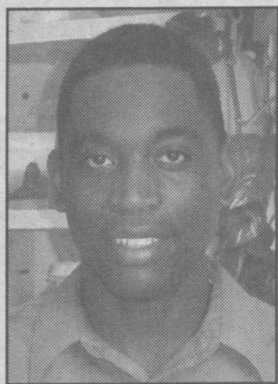
*Next Music Department Event:
Armstrong Atlantic Youth Orchestra
Inaugural Concert
November 18, 2004 at 6:30 p.m.*



*Presented by the AASU Department of Art, Music & Theatre
and the Savannah Friends of Music*

*An AASU AMT Young Artist
Series Event*

At the Movies



Cyrus Steele
Staff Writer

I Heart Huckabees

Starring: Jason Schwartzman,
Jude Law, Naomi Watts

This film is about everything and nothing. That is the only way to describe it. This small feature boasts an all-star cast including, Jude Law (*Cold Mountain*), Naomi Watts (*The Ring*), and Mark Wahlberg (*Italian Job*).

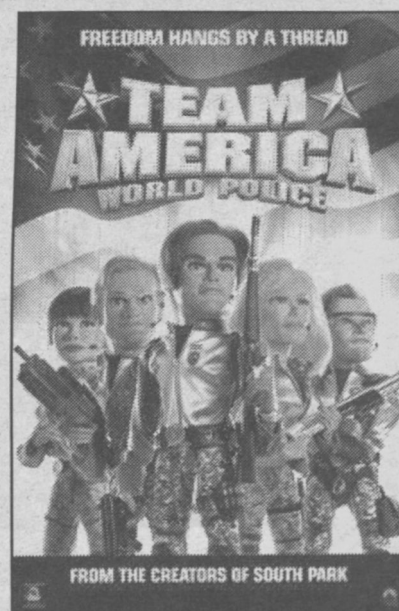
However, the main character is played by Jason Schwartzman (*Rushmore*). Schwartzman's character hires two existential detectives (Dustin Hoffman and the always funny Lily Tomlin) to research his life to see why he has these bizarre 'coincidences'. Jude Law as an arrogant boss executive borders on hilarious to annoying at times, but as always, he delivers a wonderful performance. The scene stealer however, is Mark Wahlberg. He has one of the funniest roles as a guy trying to make sense of everything philosophical and beyond! The film is quirky, yet immensely thought-provoking. So, if you're not ready to think, don't go see this one! Try *Team America*! The film is written/directed by David Russell (*Three Kings*).



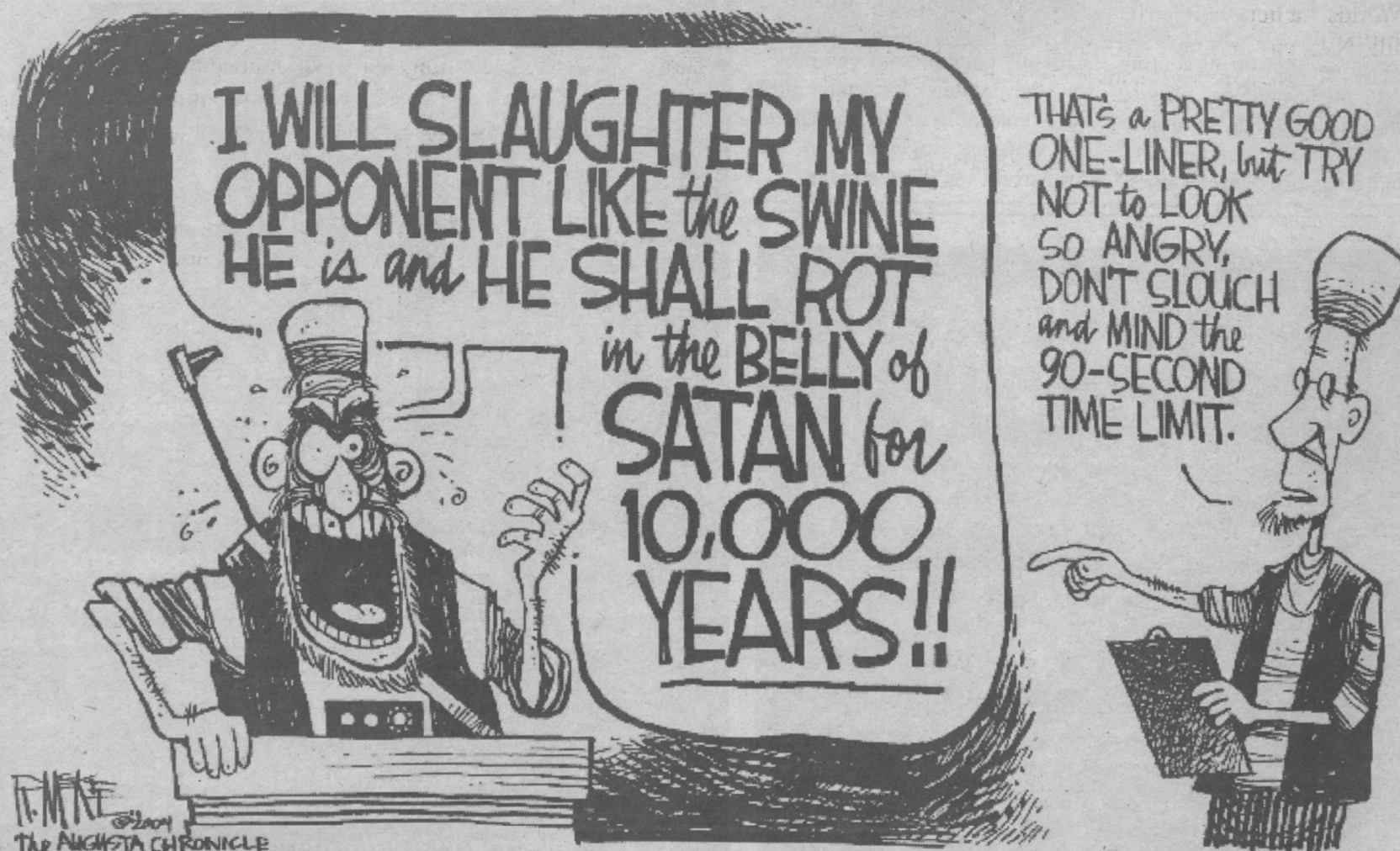
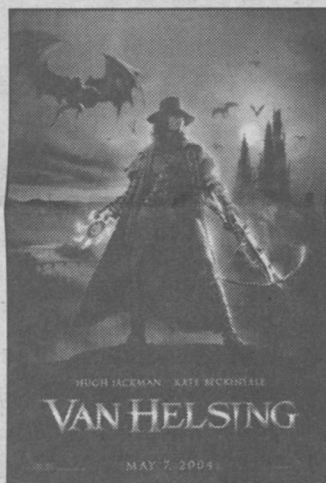
Oakley Julian
Staff Writer

Team America: World Police

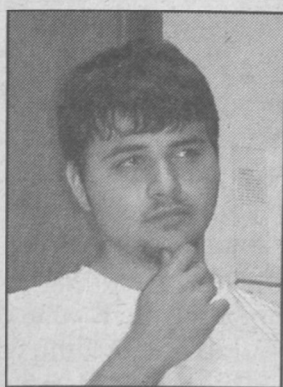
Team America is an elite group of Americans who police the world and try to rid it of the terrorist threat. It has been discovered by Team America's sources that an evil dictator has plans to detonate WMDs all around the world. With the help of new recruit Gary, an actor on Broadway, Team America takes on Kim Jong IL and his henchmen from the Film Actors Guild. The creators of *South Park*, Matt Stone and Trey Parker, bring a movie to the silver screen that is completely unlike anything you have ever seen: a rated R puppet movie. *Team America: World Police* is probably the funniest and the crudest movie that Hollywood has produced in a very long time. But, at the same time, it has the potential of being greatly offensive. By now, you know the kind of humor these guys are about, and that doesn't change in *Team America: World Police*. This movie is not for the faint of heart. If you think you can handle it, this puppet-fest is worth paying top-dollar to see.

Now On DVD: *Van Helsing*

During the late nineteenth century, Van Helsing (Hugh Jackman), a loner who doesn't remember his past, has dedicated his life to combating the monstrous forces of evil (werewolves, vampires, etc.) that are plaguing the world. Van Helsing has the fight of his life after he is sent to Transylvania to battle a vampire named Count Vladislaus Dracula. *Van Helsing* is nothing but a big budget disappointment, and it should go down as one of the worst movies of 2004. Director and writer Stephen Sommers seems to have had a very good idea that went terribly wrong. There are too many characters with too much back story, and the movie plot itself just gets more and more absurd the longer you watch it. Unfortunately, *Van Helsing* is now available on DVD, with both a "Regular Version" and an "Ultimate Extended Edition." Both editions allow you to explore Dracula's castle, see how the monsters were brought to life, learn about the legend of Van Helsing, view outtakes, watch director and actor commentaries, and more. Save your money on this one. In fact, don't even pay to rent it - wait until your unsuspecting friend does.



Rio's S35S Offers Affordable Quality in a MP3 Player

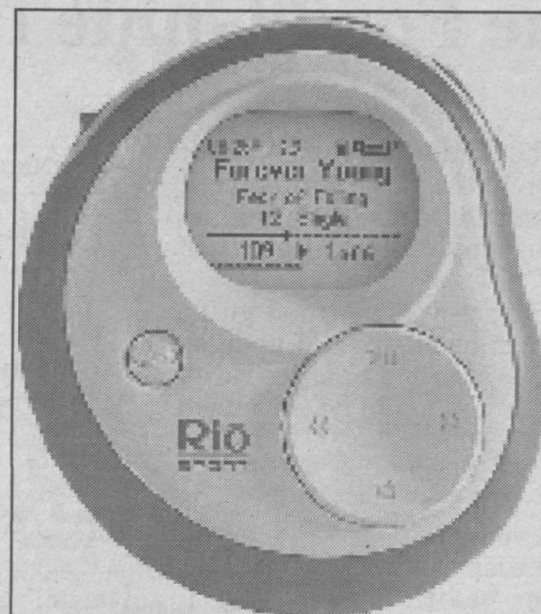


NiZ
Staff Writer

Hello fellow bargain hunters. If you are thinking about investing in an affordable mp3 player, look no further than Rio's S35S. It comes with a full list of features such as a radio tuner, mp3/wma playback, and 128MB on onboard memory (expandable

to 256MB). It also features an equalizer with six presets including a custom setting. The battery life is great, lasting nearly fifteen hours on a single AAA battery. The S35S is 0.8in thick and 2.7in wide and weighs only 2.2 ounces, battery included. However, it has a few cons that may turn away some consumers. It lacks a voice recorder and sports a bright-red color (those afraid of color beware). The radio tuning is less than stellar and the seek feature often stops on non-existent radio stations. Another drawback is the power-save feature. It puts the S35S in "sleep" mode and continues to drain power.

Pictured at Right, Rio's S35S provides consumers with 128-256 MB of memory. Rio's audio line is proven to excellence and quality. The best thing about Rio products? The price! This one stays on the competitive market at \$90.00!



You have to physically switch the unit off so absent-minded audiophiles should be mindful. Overall, the S35S is a great player for athletes and bargain hunters alike. At only \$90.00, it is well worth the price.

MOMENTS IN TIME

- On Oct. 27, 1904, the first rapid-transit subway system in America is opened in New York City, with Mayor George McClellan at the controls of the train as it runs beneath Manhattan. Today, the New York subway system is the largest in the world.

- On Oct. 29, 1929, Black Tuesday hits Wall Street as investors trade 16,410,030 shares on the New York Stock Exchange in a single day. Billions of dollars were lost, wiping out thousands of investors. In the aftermath of Black Tuesday, America spiraled downward into the Great Depression.

- On Oct. 30, 1938, Orson Welles' production of H.G. Wells' "War of the Worlds," a fictional drama about a Martian invasion in Grovers Mill, N.J., airs on the radio program Mercury Theater. The show sparked a panic among listeners who believed the play was an actual news broadcast.

- On Oct. 31, 1957, Toyota Motor Sales, U.S.A., Inc. is founded in California. Toyota's first American headquarters were located in an auto dealership in downtown Hollywood, Calif., and by the end of 1958, 287 Toyopet Crowns and one Land Cruiser had been sold.

- On Oct. 28, 1967, Academy Award-winning actress Julia Roberts is born in Smyrna, Ga. Her parents ran an acting workshop in Atlanta, where she began studying as a teenager.

- On Oct. 26, 1984, at Loma Linda University Medical Center in California, Dr. Leonard L. Bailey performs the first baboon-to-human heart transplant, replacing a 14-day-old girl's defective heart with the walnut-sized heart of a young baboon. The infant, known as "Baby Fae," survived the operation but died 20 days later.

- On Oct. 25, 1994, Susan Smith reports a man hijacked her car in South Carolina and took her two young children who were riding in the back seat. After nine days of intense national media attention, Smith confessed that she had driven her Mazda into a lake in order to drown her children.

Strange...but True

- In 1922, the Kentucky legislature passed a law stating that anyone wearing only a bathing suit on the streets of a city that had no police protection must be fined anywhere from \$5 to \$25. There was no explanation at hand regarding why such a law was determined to be necessary, but it was not repealed until 1974.

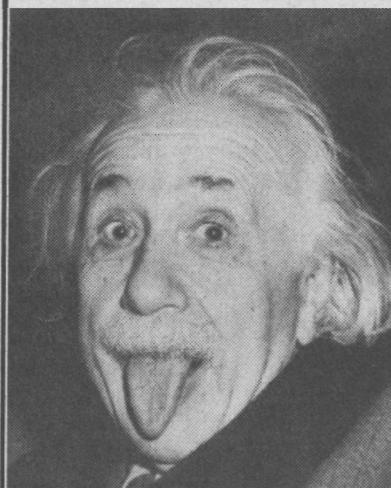
- Marilyn Monroe is a hot commodity, even so many decades after her death. It's been reported that the bra she wore in the film "Some Like It Hot" was recently sold for \$14,000.



- Ketchup was around as far back as the 1800s, but it wasn't always used as a condiment. In fact, in the 1830s it was marketed as a medicine.

- The word "geek" was originally used to refer to a carnival "wild man."

- Those who study such things have determined that if you were to start counting the stars right now, and you counted them continuously at the rate of one star per second, you wouldn't finish until around the year 5000.



- With a shock of up to 600 volts, an electric eel could knock a horse off its feet.

- It was Albert Einstein who defined common sense as "the collection of prejudices acquired by age 18."

- At 10 miles wide, 1 mile deep and 250 miles long, the Grand Canyon is widely regarded as the most impressive canyon on Earth. It's not the largest canyon in the world, though; if you look underwater, there are far bigger chasms. Off Alaska, at the bottom of the Bering Sea, you can find the Navarin Canyon, which is a whopping 60 miles wide, and nearby Zhemchung Canyon is nearly 2 miles deep.

Thought for the Day: "If we had no faults of our own, we would not take so much pleasure in noticing those of others." -- La Rochefoucauld

The Food Guide Pyramid... Is it Viable?

Is the food guide pyramid a result of the current health status observed in the nation, or is it a guide guiding one to consume the right kinds of foods?

Over the years, the food guide pyramid has been stressed upon so as to understand a balanced diet and what foods should be consumed and what foods must be avoided. However, obesity, diabetes, cardiovascular diseases and other health issues continue to be on the rise affecting younger generations.

Hence the question: "Is the food guide pyramid a 'GUIDE' towards eating healthy and staying healthy or a leading cause to the nations upcoming health problems? 80% of the nation recognizes the pyramid, two-thirds are overweight or obese," (Agriculture department, 2004).

"U.S Department of Agriculture introduced the food guide pyramid 12 years ago in 1992. It spent \$1 million to decide on the shape of the pyramid. However, they are reconsidering the shape of the pyramid based on new guidelines and to get the message across effectively.

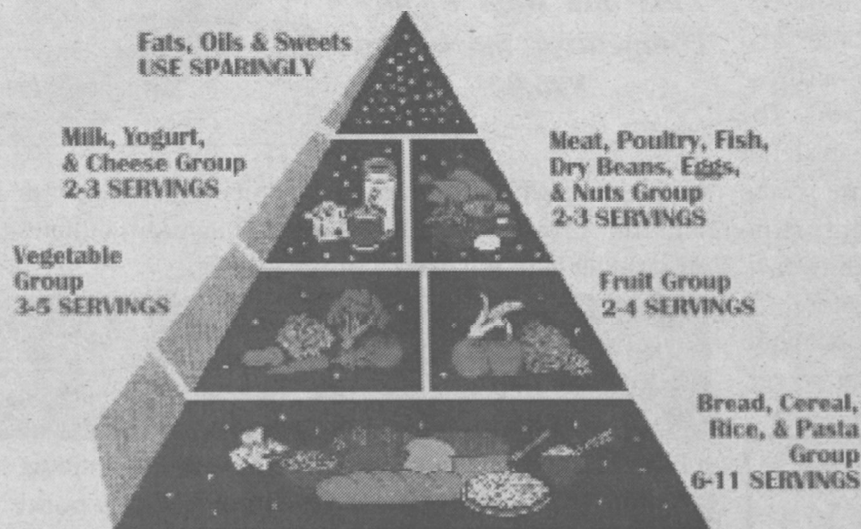
The existing pyramid has a number of deficiencies:

- The graphic suggests 6-11 servings daily from the cereal group. Hence, consuming 11 servings from the cereal group is considered normal by people. In reality, 6 servings are for those with very low caloric needs and 11 servings for those with a high caloric diet.
- The dietary recommendations represented in the pyramid are not based on science, but are instead based on "political compromises between

Shruti Patel
Nutrition Columnist

agricultural producers with conflicting economic interests."

- A crucial aspect is the location of particular food groups in the food guide



pyramid. Should the fruits and vegetables be at the bottom?

- The shape of the pyramid is also controversial since the fats, oils, and sweets are at the top with little space depicting to "use sparingly". But "top" may be perceived as "more important." Upending the pyramid to put it at the bottom would make the graphic look strange?
- The food guide pyramid is developed by the agency that promotes agriculture and food consumption and NOT by agencies whose aim is to promote health or handles nutritional or medical issues
- "At best, the USDA Pyramid offers wishy-washy, scientifically unfounded advice on an absolutely vital topic- WHAT TO EAT. At worst, the misinformation contributes to overweight, poor health and

unnecessary early death."

Suggestions for the "HEALTHY FOOD GUIDE PYRAMID"

- The shape of the pyramid should be changed according to the number of servings and positioning of the foods in its correct place

□ An alteration in the graphic for people to have a better understanding on how to eat healthier promoting healthy lifestyle

□ "Good fats" are liquid oils found in most plants and fats found in nuts, seeds and many fish should be emphasized as compare to "Bad fats" such as saturated animal fats

□ "Good carbs" obtained from fruits, vegetables, beans, legumes and whole grains that are rich in fiber and nutrients must be incorporated as a separate section from "Bad carbs" such as sugary foods and starches that are quickly absorbed and raise blood sugar levels.

According to an undergraduate enrolled in the physical therapy program, "the food guide pyramid is not comprehensive enough and does not justify the serving sizes for everyone since people differ in sizes and body frame."

Another student enrolled in the health sciences program mentioned that "she has never followed the food guide pyramid, however she does agree that it needs to be changed to one that reflects to a healthier population in the United States. It needs to be more descriptive."

Entertainment for the Impoverished

Erin Christian
Staff Writer

If you see the word "shag" and either a carpet or Austin Powers come to mind... or if when someone mentions "swing dancing" an absurd image involving a playground structure pops up, then maybe you shouldn't be reading this article. If those words bring up images of dancers and big band music, then read on my friend.

According to their mission statement on their webpage, Shag-Beach Bop-Etc. Savannah (SBBS) is "a social dance club with the purpose of providing entertainment, fellowship, friendship and other interests of the members" and they serve to "promote and preserve the Shag, Beach Bop and Swing dances through public and private exhibitions, recruitment, and dance instruction." They currently have 238 members in Savannah and they provide direct donations through fund raising activities to the Inner City Night Shelter and Open Arms (a Lutheran Ministries community project).

The organization offers Magnificent Mondays from 7-9 p.m. at Double's, Holiday Inn/Midtown on 7100 Abercorn St. The first two Mondays of each month they offer absolutely free swing dance lessons and on the third and fourth Mondays, they offer free shag lessons. They are also forming a new swing dance club. For more information on the lessons they provide or for membership into the club you can contact them by calling 927-4784 or 398-8784, visit their webpage at www.shagbeachbop.com, or e-mail Bob McEwen at mcewen5@bellsouth.net.

The Inkwell

Member of Georgia College Press Association
11935 Abercorn Street
Savannah, GA 31419
(912)927-5351
Fax: (912)921-5901
inkwell@mail.armstrong.edu

Printer

Judd Publishing
Macon, GA

Editorial Staff

Lauren Hunsberger, Editor in chief
Maria Helgeson, News Editor
Karen Daiss, Copy Editor

Teresa Lynch, A&E editor

Office Staff

Justin Lybarger, Office Manager
Nic Matthews, Business Manager

Photography Staff

Chris Lancia
Kimberly Hahn
Student Photographic Services

Advisor

Tony Morris

Staff Writers

Karen Daiss
Phillip Pope

Staff Writers (cont.)

Oakley Julian

Kasey Ray

Tara Gergacs

Cyrus Steele II

Summer Peters

Amy Covington

Ricky Hesson

Faculty & Staff Contributors

Sports: Chad Jackson

A&E: Mario Incorvaia

Student Activities

•The Inkwell is published and distributed weekly each semester. Copies are available in distribution boxes throughout campus.

•The Inkwell reserves the right to edit any submissions for length or content.

•The opinions expressed by the students of AASU may not be the opinions of the staff of The Inkwell or the administration of AASU.

•The Inkwell welcomes letters and comments from readers provided that they are clearly written or typed. All submissions must be signed with a telephone number and SSN included for verification purposes. Names will be withheld upon request.

•The Inkwell welcomes public service announcements, press releases, etc. Such

information may be published free of charge at the discretion of the editorial staff.

•Photographs are not guaranteed to be returned after publication. The Inkwell will attempt to return photographs, but please make copies before submission.

Awards:

Outstanding Newspaper, Large University Division-SRPI, 2004

Most Improved-GCPA, 2004

Chris Lancia- Outstanding Sports Writing, Large University, SRPI, 2002, 2003

Women and the Dangers of Smoking

Katherine Sanders
Staff Writer

Over 22 percent of American women smoke cigarettes and that number grows every year. Many women are unaware of the damage that they are doing to themselves every time they light a cigarette. They begin smoking at a young and vulnerable age, usually following the example of their friends or family members. They don't want to become smokers, but quickly find themselves addicted. "I began smoking in high school, I was always around people who smoked and decided to try it, I thought I was cool, but 10 years later I am still smoking," said Sherry Spencer, a native Savannahian.

According to the 2002 Surgeon General's report, women smokers are more likely to have weak attachments to parents and family and have stronger attachments to peers and friends. They believe that smoking is more important than it is, and see themselves as rebellious and are inclined to take risks.

The 2001 Report from the Surgeon General on Women and Smoking states that in every four cancer deaths among women will result from smoking. Lung Cancer already surpassed Breast Cancer in 1987 as a killer of women. The risk for dying of lung cancer is 20 times higher among smokers than non-smokers. Not only do smokers get lung cancer, but also exposure to second hand smoke causes cancer and heart disease in women who are lifetime non-smokers. Children that are exposed to second hand smoke have an increased risk of SIDS (Sudden Infant Death Syndrome) and of developing a respiratory disease. Women are also more likely to get lung cancer than men are. Researchers have found that a gene that is responsible for the development of cancerous tumors resides on the X chromosome, meaning that women who have two X chromosomes have double doses of the potentially deadly gene. The alarm clock for the normally inactive gene is nicotine. (www.cdc.gov/tobacco/sgr/sgr_forwomen).

Smoking cigarettes also directly leads to heart disease, which is the number one killer of women. If you smoke, you are 6 times more likely to suffer a heart attack than a non-smoker. That's only the beginning. There is also an increased risk of stroke, ruptured abdominal aortic aneurysm, and chronic obstructive pulmonary disease. Women who smoke also have problems with infertility, and are at an increased risk of ectopic pregnancies, spontaneous abortion, and stillbirth. They are also more likely to enter menopause at a younger age. Postmenopausal women who smoke also have lower bone density than woman who don't smoke, which is the least of their problems if they have been smoking for

years. Women who smoke heavily have 3 times more bronchitis and emphysema, 75% more acute sinusitis, and 5 % more peptic ulcers than non-smokers according to the American Cancer Society. They also have a 20% higher risk of illnesses such as the flu, which leads to more time lost at work or school.

"I was always sick, there were days when I couldn't breathe, but I had to have a cigarette. I feel so much better now that I'm not coughing up a lung every morning," stated Tory Brooks, a student, who smoked for 7 years.

The tobacco industry loses 16,000 customers a day from death. In order to stay in business they have manipulated, and covered up the poisoning of thousands of people. They not only put harmful additives in cigarettes, but market to teenagers and women extensively. For many years, cigarette smoking was more prevalent among men than women. The tobacco companies needed

to get women hooked also, so they started targeting women heavily. Tobacco companies began to make brands designed especially for the woman smoker. Tobacco ads and promotions show women who were independent and socially sophisticated. The ads also showed slim, attractive, athletic models.

Quitting is hard. But quitting for women is proven harder than it is for men. Men are driven to smoke based on cravings for nicotine; women crave cigarettes in response to social cues. So men and women should not follow the same quitting programs. Women respond to a more psychological withdrawal than a physical one. Therefore quitting should be more psychologically based. "The times that I wanted a cigarette the most was when there was no one around to distract me from the craving, or when I was out with friends at a bar," Tory Brooks confesses. Most women will attempt to quit smoking 8-11 times before they are actually successful in quitting. In order to be successful you need to know your smoking habits. Do you smoke after meals, when drinking, or are under stress? These are triggers that must be avoided. There is hope in the battle against tobacco, in 2000, 44 million Americans successfully quit smoking.

Can a Republican and a Democrat Make a Match?

Tara Says:

It is almost Election Day and many of us have boyfriends and girlfriends that do not agree with the same issues. Politics can be a touchy subject in a relationship because it can cause an argument. If your significant other is a Republican and you are a Democrat, then both of you have to learn how to have an intelligent debate. You may not want to hear what he or she has to say about Bush, but let him or her have a chance to speak their mind. He or she needs to also give you a chance to argue why you think John Kerry would make a better leader. The same goes if you are a Republican and your significant other is a Democrat. Another situation that may lead to an unintelligent debate would be if your significant other feels strongly toward one candidate, but you are trying to look at both candidates objectively. For example, my boyfriend is supporting Bush 100%, but I feel that he still needs to learn about both candidates. We had a small debate and listened to each other's opinions, but he is still determined that Bush will make a better leader. I cannot make him see that they both have good qualities because he has a right to his own opinion and I respect that about him. My advice to all couples is to respect each

other's opinions about the upcoming Presidential Election. Also, do not let anyone change your mind about what you believe in.

Cyrus Says:

Couples and politics? Some would say the two do not mix; however, it is possible to have different political views and still be in love. Democratic news analyst James Carville and his Republican wife Mary Matilin are a fine example of that. The two have even written a book together. It has to do with upbringing and one's beliefs and convictions. But, whatever you beliefs are, you should be able to love whom you love and also keep that part of you that makes you who you are. Your girlfriend or wife should respect your beliefs (and those goes beyond politics). It is so important in a relationship to keep our identity, the failure to do that is what I think makes most relationships end or mundane.

I am willing to bet that one of the main things your significant other likes about you is your uniqueness, those ideas and political views that make you different. So, be true to yourself because (and I hate to say it) in four years, she may not be there, but your beliefs and convictions should be.

Pirate Poetry

Ditrie Sanchez
Poet

Gaze

we each are set in chambers-
spotlight on the not-so-focal point.

viola! we are art...

without names to identify us

signal us apart

label and constrain us.

we are transient beings

of ethereal reput-

we glitter and groan.

welcome to immortality...

HAPPY HALLOWEEN

COME JOIN PHI BETA SIGMA FRATERNITY
ALONG WITH ALPHA SIGMA TAU AND
SIGMA SIGMA SIGMA SORORITIES IN THE
MCC CAFETERIA FROM 10 PM TIL 2 AM IN
YOUR BEST COSTUME FOR A BASH THAT
WILL ROCK CAMPUS.

ADMISSION IS FREE AND DON'T FORGET YOUR COSTUME



Argyle

Revision in concert
with opening act Argyle

Wednesday
October 27

7:00 pm

Fine Arts Auditorium
for more info contact:
Robin Jones
927-5300

Another event
brought to you by
YOUR...



campus union
board



Revision

AASU International Week 2004 November 7-12

Events include: * Sunday Afternoon International Festival featuring Drums of Polynesia * Study Abroad
Photo Contest *
*Ten Thousand Villages Gift Festival * Dinner Around the World * * Lectures *
and More!

Watch the Inkwell each week for additional information

Classified Section

SEEKING STAFF: *Calliope*, AASU's literary journal, seeks staff members for our upcoming 2005 edition. This is a great opportunity for anyone, especially those interested in editing/publishing careers. *Not an English major? We still want you! All majors welcome to join our staff!* Art director also sought. Interested? Good! Stop by our office hours: Mon. Wed. Fri. 12-1:30 in Jenkins 114 or email us at AASU_calliope@yahoo.com

Wanted: Roommate to share 4 bedroom/2 bath house. Excellent location and very close to AASU campus. No Pets. Rent: \$237.50 + 1/4 of utilities. Call 925-6874 for more information.

Need tutoring: in QuickBooks by competent instructor. Call Briano

WANTED: Music Director for small church in Thunderbolt. \$100/Per Week. Please call 897.6635 or send resume to: P.O. Box 30533, Savannah, Ga. 31410

FOR SALE: 2 Bedroom, 1.5 Bath, Townhome at 84 Hidden lake Ct. List price \$94,000.00, seller is motivated bring all offers, call me now! Larry (912) 441-7963.

FOR SALE: 1997 Honda Shadow VLX Series 600cc, many extras, excellent condition, 14,000 mi, \$2,500, call Andres (912) 786-7478.

ATTENTION: Future chefs! The employment and Training Center of Union Mission Inc. and Savannah Technical College are currently accepting students for the Culinary Arts Training Program. Enrollment sessions will be held Oct. 13 at 10 a.m. and Oct. 14 at 1 p.m. in the chapel of Union Mission's J.C. Lewis Health Center, 125 Fahm St. For more information, call (912) 234-0525.

Private Tutor: (English) Experienced tutor, Lanaguage Arts graduate, and a published freelance writer who seeks supplemental income via tutoring, editing, consultaion in the following areas: Writing, Basic Grammar, Literature, Speech & Drama. Basic Tutoring is \$10/Hour. Fiction Editing/Revisions have individual price quotes. References are available upon request. Please call 912.660.9585 or email: delenawriter@earthlink.net

Help Wanted: After school care for two children in our home. Reliable transportation needed. Contact: 350.4889 or jdevaro@comcast.net

Hiring: Schlotzsky's Deli on Eisenhower is currently looking for students who can work part time. Call 912.691.0500 or inquire in person